

Roasted Chickpeas

This is a great quick snack.

Ingredients

1 can chickpeas
1 Tbs. olive oil
Salt
Paprika or cumin

Utensils

Can opener
Measuring spoons
Mixing bowl
Spoon
Baking pan
Aluminum foil

Preheat the oven to 400°. Cover the bottom of the baking pan with aluminum foil. Drain the liquid from the can and place the chickpeas in a bowl. Add the oil, salt, and spices. This dish is seasoned to taste. Mix well, and pour the chickpeas into the baking pan. Make sure they form a single layer. Bake for 10 minutes. Serve hot or cold.